

Selah V. Fitness - Recipes

SUGAR FREE CRANBERRY SAUCE

INGREDIENTS

1-1 1/2 cups fresh cranberries
1-2 Tbs NuNaturals Simple Syrup
Optional: drops of NuNaturals Orange Stevia

DIRECTIONS

Boil cranberries in enough water to submerge until they are soft. Drain the water, then mash the cranberries together with the simple syrup and orange stevia.