

Selah V. Fitness - Recipes

HOMEMADE SUGAR FREE CHOCOLATE CHIPS

INGREDIENTS

1 cup coconut oil melted
1 cup unsweetened cocoa
1/4 cup xylitol
Dash of NuNaturals pure stevia
1 tsp NuNaturals Chocolate Syrup
2 NuNaturals Stevia packets
1 tsp vanilla

DIRECTIONS

Mix all of the ingredients together and then pour into an 8X8 square baking pan, lined with wax paper. Place in freezer until hard, then chop or break into tiny pieces to make chocolate chips.

NUTRITION FACTS

(for 1/8th of entire recipe)

Calories: 295
Fat: 29g
Carbs: 4g
Protein: 2g