

Selah V. Fitness - Recipes

CHRISTMAS TREE VEGGIE TRAY

INGREDIENTS

6 Whole Wheat Trader Joe's Pretzel Sticks
1 Bag of Trader Joe Organic Cut Broccoli
About a dozen red cherry tomatoes
½ of a yellow bell pepper, sliced

DIRECTIONS

Use the pretzels as the tree trunk. Arrange the broccoli in the shape of a tree. Place the tomatoes on as ornaments and the bell pepper becomes the star.