

Selah V. Fitness - Recipes

SNAPPY SNAP PEAS

INGREDIENTS

1 lb. raw snap peas
1 tsp. olive oil
Salt and pepper to taste

DIRECTIONS

Preheat oven to 400 degrees. Place snap peas in baking tray and toss them with the olive oil and salt and pepper until well coated. Put in oven for 15 minutes or until brown.